

THE WILD ONION

March 2020

CHANGE YOUR PERSPECTIVE

DO SOMETHING DIFFERENT

SEE OTHERS THROUGH THE EYES OF GOD

"...For the LORD sees not as a human sees: humans look at the outward appearance, but the LORD looks on the heart." I Samuel 16:7 **CONTENTS**:

Worship Formation Community Evangelism Service Letter from the Rector Calendar and Lay Ministry Schedule

Of special note:

3/1-St David's Day event (SNL!); 5:30 p.m. 3/4- Holy Eucharist & Healing Service, 6:00 p.m. 3/11, 3/25- Contemplative Prayer, 6:00 p.m.

SUNDAYS IN MARCH - AT A GLANCE

March 1 8:00am: Holy Eucharist 9:00am: Breakfast 9:15am: Christian Formation 9:30am: Adult Choir Rehearsal 10:30am: Choral Eucharist 11:45am-12:30pm: Children's Choir Rehearsal 4:30-6:30pm: EYC 5:30-7:30pm: Sunday Night Live! March 15 8:00am: Holy Eucharist 9:00am: Breakfast 9:15am: Christian Formation 9:30am: Adult Choir Rehearsal 10:30am: Choral Eucharist 11:45am-12:30pm: Children's Choir Rehearsal

March 8

8:00am: Holy Eucharist 9:00am: Breakfast 9:15am: Christian Formation 9:30am: Adult Choir Rehearsal 10:30am: Choral Eucharist 11:45am-12:30pm: Children's Choir Rehearsal 3:00-4:15pm: Chorale Concert 4:30-6:30pm: EYC

March 22

8:00am: Holy Eucharist 9:00am: Breakfast 9:15am: Christian Formation 9:30am: Adult Choir Rehearsal 10:30 am: Choral Eucharist 11:45am-12:30pm: Children's Choir Rehearsal 4:30-6:30pm: EYC



March 29

8:00am: Holy Eucharist 9:00am: Breakfast 9:15am: Christian Formation 9:30am: Adult Choir Rehearsal 10:30 am: Choral Eucharist 11:45am-12:30pm: final Children's Choir Rehearsal 4:30-6:30pm: EYC

WORSHIP

OUR CHANCEL HAS CHANGED By Scott Rayhab

Lent brings not only a change in church seasons but visible changes to the service and content of the service. The most noticeable change is that of color. The use of purple symbolizes both the pain and suffering leading up to the crucifixion of Jesus, as well as Jesus's royal kingship and his royal priesthood. The altar, for instance, has hangings of purple. There are no or minimal flowers on the altar during Lent, again reflecting the focus on repentance over celebration. Processional crosses and the altar cross are often veiled in purple. We even use the simpler pottery vessels rather than the silver ones for the Eucharist.

OUR MUSIC HAS CHANGED By Laura Duke

The music program has seen a year of change. New organist, choir director and even some new choir members. We began singing rather than reading the Psalm after the First Reading (at the 10:30 service); I have loved this past month when the congregation joined the choir in singing it each week. We are truly making a joyful noise!

In Lent, as during Advent, the music will shift a bit. During this season of reflection and preparation, we will return to speaking the Psalm as a congregation. We will also be changing service music. Small changes to the service and music can help us experience the service in a new way. We get out of our comfort zone and have to really pay attention in a new way. The alleluias will also be locked away for a time but will return triumphantly on Easter.

LENTEN MEDITATIONS 2020

Copies of the 2020 Lenten Meditations booklet are available outside the Nave and the church office. Offered by Episcopal Relief and Development, these small booklets can serve as a resource for deepening your spiritual experience during Lent. Different contributors offer short reflections on specific scripture that often strike a chord with our daily lives. You may also choose to receive daily Lenten meditations by email; register at episcopalrelief.org/Lent.

A NEW "SPIRITUAL DIRECTION" FOR OUR DEACON BURNS ROGERS

In February Burns graduated from his training program in Spiritual Direction and hopes to have a small Spiritual Direction practice along with his counseling practice. He will graduate from Belmont University in August. Here's what Burns has to say about his broadening path:

What is Spiritual Direction?

The first step to understanding Spiritual Direction, for many, is to understand what it is *not*. Spiritual Direction is not psychotherapy, counseling, or financial planning. Many also prefer the term spiritual companionship or accompaniment. Whatever term you choose, Spiritual Direction is about forming a relationship with someone who is committed to helping you strengthen or deepen your relationship with the divine. A director may help you recognize how God is actively working in your life. A classic visual for Spiritual Direction is three chairs. One chair represents the director, one the 'seeker', and the third the Holy Spirit. This is to acknowledge that the real director is the Holy Spirit. As a seeker shares stories from his/her life, the director may pose questions to help someone reflect on the spiritual aspects of our human experience. Many also seek the assistance of a Spiritual Director for suggestions and guidance about how to expand one's spirituality. If you want to learn more, contact Burns at <u>burnsrogers@gmail.com</u> or 615-424-1453.

Burns was commissioned at the 10:30 service on March 1. Congratulations, Burns!

~BAPTISM~

The next scheduled opportunity for Baptism at Saint David's will be on Easter Sunday, April 12. Please contact the church office if interested in being baptized or having a family member baptized.



Contemplative Prayer, March 11 & 25, 2020 6pm downstairs Library

We will continue reading *The Interior Castle* by Theresa of Avila. We hope you will join us.

Lay Eucharistic Visitors are available to bring communion to parishioners who are unable to attend Sunday morning worship services. Please notify the parish office, stdavidschurch@bellsouth.net or 615-352-0293, to schedule a home communion visit.

Reminder

To facilitate participation in our worship services and other activities, the "upper" circle drive by the Sanders Hall entrance is designed for drop-off of passengers with limited mobility and parking for drivers with limited mobility.

Copies of *Forward Day by Day* are available throughout the church, both in regular and large print formats. *Forward Day by Day* offers daily meditations and is also available by podcast at *forwardmovement.org/podcasts*. Please help yourself and share with others.



EASTER MUSIC, FLOWERS & DECORATIONS (circle Music or Flowers)

are given to the glory of God by

(please print)

in honor of_

in memory of

in thanksgiving for_____

Please return this form to the parish office by Monday, April 6, 2020, with a check in any amount payable to Saint **David's**, **noted "for** Easter Flowers" or "for Easter Music."

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FORMATION

EYC MEETS

SUNDAY, March 1 4:30-6:30pm in the Bosco Room

&

SUNDAY, March 8

4:30-6:30pm in the Bosco Room

&

SUNDAY, March 22

4:30-6:30pm in the Bosco Room

&

SUNDAY, March 29

4:30-6:30pm in the Bosco Room

(this date was previously not listed, but since no one is attending Seeds of Spring at DuBose, we will meet this evening.)

Grades 7 through 12 meet for EYC... bring a friend!

Here is a look at what else is coming this spring...

EYC 2020 Schedule

March 8, 4:30pm-6:30pm: creating care packages for church young adults March 15: NO EYC—Spring Break Begins March 22, 4:30pm-6:30pm: Saint David's Trail Day March 29: 4:30pm-6:30pm: Crafts & Conversation April 5, 4:30pm-6:30pm: hike April 12, 9:15-10:15am: Easter Egg Hunt in the Undercroft April 19, 5:15-8pm: Walk in Love 60th Annual March April 26: 4:30-6:30pm: Youth Sunday Planning May 2-3, 6pm-8am: Spring Lock-in! May 10, 4:30-6:30pm: Youth Sunday Review, then games May 17, 4:30pm-6:30pm: The Bob Ross Experience at Garner Studio May 24, 10:30am: Youth Sunday and 4:30pm-6:30pm: Plans for EYC summer May 31, 12:30pm-???: Kayak Trip after church!

WANT TO SUPPORT OUR YOUTH?

We sure could use some folks who would enjoy hanging out with us during our meetings and/or making a simple dinner. Don't worry, we'll clean up!



Goofing off after setting up the Shrove Tuesday banner.



Writing Thank You notes to folks who were wonderful enough to fix EYC dinners.

Look What Our Teens Have Been Up To!



Spontaneous "Children's Church" after hanging the banner!



Organizing beads and decorations for Shrove Tuesday's Pancake Supper.



Serving up goodness and love at the 2020 Pancake Supper.



Providing excuses to be silly, smile broadly and laugh at ourselves!

ANSWERING THE CALL By G'anne Harmon & John Hamilton

G'anne: It's been a long time since I sat down to hear a good story, told simply with visual aids and discussion with small people. I'd put such adventures on a storage shelf marked "Done That: Don't *Have to Do It Anymore.*" Then along came a need for Godly Play helpers, and, seeing too many blank spots on the calendar for these helpers, I finally put my name in. I helped John Hamilton set up the story mat and arranged the tables for the after-story art work. Then I got ready to greet parents and children. It's a possessive little thrill, first of all, to know the names of our Saint David's children, and to have them look to me and know who I am. Then, I felt child-like and receptive as the story of the Good Shepherd unfolded and I was reminded how attention, silliness, recognition, and participation—both distracting and amazingly focused in the time it takes to take a breath—create an atmosphere of shared learning; of respect for the words and the figures on the mat that render those words concrete and relevant. Afterwards, we served a snack with a juice drink (Yum!) and went to draw pictures of The Good Shepherd, and the chatter that circulated that table as they explained their rocket ships and clouds and sheep-like shapes and super-hero lesuses were enlightening and lifting. Worship? I was renewed in this spirit of *active* worship, in the spirit of welcoming our children into the heart of worship and the community of the church. Come for the thrill. Volunteer for the need. Increase your faith from the perspective of four- and five-year-olds. Come to know them and let them know you. Come to welcome their parents. Come to turn yourself around!

John: There is a need for help with Godly Play and I figured that I could give it a try. There was training to be a story teller and the preparation is not difficult...I participate maybe once a month. The kids were great and really were into the story of the Good Shepherd. They asked such great questions...even during the art project the conversation went on. There's nothing like it, and I recommend this experience to anyone who is interested.

FORMATION is for EVERYONE!

Blue booklets with the 2019-2020 Christian Formation offerings are available throughout the church building. Take one home.



BONUS SUNDAY NIGHT LIVE (SNL!) 5:15 pm, March 29 Why is Holy Week important?

Join Dr. Stephanie Budwey for a historical discussion on the liturgies and theologies we find during the "high holy days."

SERMONS IN THE ROUND March 10, 6:00 pm

"RECONCILIATION"

Coordinator of Children's & Youth Ministries

by Rev. Carolyn Coleman

How does this title sound to you? This may well be the title of a person who will soon join the staff of Saint David's. Thanks to the deep wisdom of the Finance Committee and the Vestry, Saint David's has earmarked a roughly \$30,000 package for such a person to join our community. We are looking for someone for whom we can provide a home base and a place to grow spiritually and socially as much as we want someone who can assist us in the formation of our younger members as followers of Christ.

Right now the Youth Steering Committee and Vestry are working to create a process by which this person shall be called. Please be watching for more announcements about developments in this process.

In the meantime, I hope you will be praying with me that God will turn the attentions of someone to our life here and call them to be community alongside us.

"God of all wisdom and knowledge, you see your children growing up in an unsteady and confusing world: be with Saint David's as we discern the call of one who will partner with us to teach our children and youth to love whatever is just and true and good, following the example of our Savior Jesus Christ. Amen."

COMMUNITY

A couple of pleas, notes, requests from the Parish Administrator:

Please check with the parish office before planning an event, **even if it doesn't occur at the church**. Some events require parishioners to be in two places at the same time. Or two parents to be in two places without offering childcare options. This will affect turnout for both events and make it difficult for people to attend.

Also, if you are involved with something at the church PLEASE walk around the building before leaving and be sure outside doors are locked, heaters are turned off, and lights are turned off. You can do this from inside the building.





~Congratulations to *Whit Wright*, new to Saint David's, who writes: "I released my first song for a solo project last week and I'm managing it myself. The song is called "White Branch". It's an instrumental song that I wrote and recorded with the pedal steel guitar. It's very atmospheric and ambient with a driving beat. I have a yoga instructor friend who added it to her playlist for her classes. I recorded it at a studio in Richmond VA called Spacebomb. It's the first of six songs that I'll be releasing a song a month. Here's a link to it and a link to my website. <u>https://lnkfi.re/whitebranch</u>

 \sim And kudos to another talented Saint David's musician **Doran Danoff**, who has just announced teaming up with Nashville based booking agency <u>Hangar Productions</u> who will be booking shows in the Southeast, Midwest and Northeast for 2020.

~Graduates: Please notify the parish office if you or a family member will be graduating this spring. We like to celebrate such accomplishments.

~Music Scholarships: The Flo Jenkins Memorial Scholarship Fund was established in 1982 to provide assistance to students from Saint David's who wish to study music at an accredited college, university, or music institute. Awards are based on merit, need, and recommendations of persons in the music field. Applications may be made in writing to the Parish Office by May 30, 2020.

~In the latest Saint Luke's newsletter, our own *Betti Lose* was the featured volunteer: "We're spotlighting a long-time volunteer this month, Ms. Betti! Ms. Betti has been working with us here at St. Luke's for many years. When we asked her what she liked most about donating her time here, she said, 'I really am impressed with St. Luke's agility. Obviously this place is in a neighborhood that's changing fast and I think we've done a fabulous job of adjusting to what the neighborhood needs. I really believe in what St. Luke's is doing by providing free tax help for folks. Especially for low income folks...that's just a blessing. The preschool is a really good program – the kids that come out of here have been taught the skills they need to succeed in school. There's really important stuff happening here at St. Luke's.'"

~**WANTED:** Rev. Carolyn is in need of three yard tents or lawn canopies for her 50th Birthday Party. If you could let her borrow yours, she will need it on Wednesday, March 25 and you'll get back on Sunday, March 29.

SAINT DAVID'S WOMEN PLAN TO MEET TO PLAN March 31, 5:30-7:30 p.m. at the home of Carolyn Schmidt 3712 Central Ave, 37205 615-969-6639

Join us for FUN, Food, Fellowship, FUN, and Future planning on Tuesday, March 31. We'll have some wine, soft drinks and BBQ sliders (bring something else IF you wish) and let Carolyn Schmidt know if you are coming (for "planning" sake)--<u>caschmidt@comcast.net</u>

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The Saint David's Men's Group will meet on March 26 at 6:00 pm in Sanders Hall. Join the group...it's great fun! Please RSVP for dinner to Mike Caver, <u>grizlymike@comcast.net</u>.

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...FOR COMMUNITY

This year Saint David's will host a number of events aimed not only at our church community, but also at the larger community that surrounds us. Some of the events are familiar to us and some will be new to us... some educational, some service-related and some pure fellowship. The following schedule lists the events that are scheduled thus far.

Music for Community

Mar. 8- Musical Concert (free)- 3:00-4:00 pm- Concert Chorale of Nashville *Service for Community* May 16- Recycling- 9:00 am-1:00 pm- Drop-off hard-to-recycle materials *Workshop for Community* June 4,11,18,25- Finishing well- time TBA- Preparing self & property for death *Workshop for Community* Nov. 8- Sunday Night Live!- 5:15-6:30 pm- Alternative gift ideas

Care for Community

Dec. 2- Service of Light- 6:00-7:00 pm- Honoring holiday challenges & sadness

We hope you will come out to help with these simple, one-off, low planning, but high impact gatherings.

MARCH BIRTHDAYS

- March 1 Paul Hovious, Tony Howland, Walt Sanders
- March 2 Linda Campbell
- March 4 Murray Smith
- March 6 G'anne Harmon
- March 7 Mary Leigh Rayhab, Charlie Gambrel
- March 9 Betty Ferrelli, Pam Schmidt
- March 10 Burns Rogers
- March 12 James Donets
- March 13 Michelle Green, Joe Hendrick
- March 14 Sue Strayhorn
- March 18 William Graves
- March 21 Jaci Kitch
- March 24 Kathy Carlson, Carolyn Coleman
- March 25 Selmon Whitaker
- March 26 Molly Haslam
- March 28 Jonathan Raj
- March 31 Bud Wood, Diane Ruth

MARCH ANNIVERSARIES

March 8 Dot and Grady Williams

CAMP GAILOR-MAXON 2020 DATES

Pre-Camp (Mini-Maxon) (rising 1st–3rd grade with parent) -Wednesday, June 3 – Saturday, June 6, 2020

> Camp I (rising 10th–12th grade) -Sunday, June 7 – Saturday, June 13, 2020

Camp II (rising 7th–9th grade) -Sunday, June 14 – Saturday, June 20, 2020

Camp III (rising 4th–6th grade) -Sunday, June 21 – Saturday, June 27, 2020

Camp Gailor-Maxon at DuBose Conference Center, Monteagle, TN, has served the Episcopal Church across Tennessee since the 1920s, bringing children and young adults together from all over the state to live, play, talk, eat, sing, and worship as a community of faith. Each camp session includes small groups, daily worship, camp songs, skits, and fellowship designed to help kids explore their faith fearlessly, to ask questions, to be themselves.

More information can be found at www.duboseconferencecenter.org/cgm. Please speak to Rev. Carolyn if financial concerns might make it difficult for your child to participate in the amazing Camp Gailor-Maxon experience.

EVANGELISM



Spring Work Days By Scott Rayhab

It's time to start thinking about preparing the building and grounds for Easter and Spring, so please put the following **Work Days** on your calendars now. There will be more details to come as we get closer to time.

> 8:00 am – 12:00 noon Saturday, March 21 and Saturday, March 28 Rain date on Saturday, April 4th

IT'S INVENTORY TIME!

Does this flyer look familiar? If not, please look for it as you enter church, pick one up, fill it out, and return it in the offertory basket or to the church office. We have received a number of them and will begin to mail others out to those who have not yet responded. It's important and gratifying to document all the gifts, talents and interests of the multi-dimensional congregation at Saint David's!



SECURING OUR FUTURE IS IN THE PAST By David Livingston, Treasurer

Being able to pay off the SOF loan early was in large part due to the public plea of Mary Leigh Rayhab when she stood up in an Annual Parish Meeting and challenged the parish to contribute toward extra principal in addition to the monthly loan payments. As a result of that challenge, many parishioners made additional contributions to the SOF capital account. By combining these additional contributions with the regular monthly loan payment, we were able to make additional payments to the principal balance, which resulted in both lowering the outstanding amount of the loan, and reducing the overall amount of interest we paid. We were able to pay off the loan approximately **seven years early** because of that challenge and the generous response of the parish. Whew! Way to go Saint David's!

> The SOF loan was burned! at the Saint David's Day celebration on March 1 in Sanders Hall.

SERVICE



OUR FINAL HOSTING OPPORTUNITY AT ROOM IN THE INN THIS SEASON Saturday, March 14

Don't miss out on participating at Room in the Inn (RITI), as Saint David's final night of the season takes place on March 14. Sign up to provide food or drink or serve the guests. A sign up sheet is on the bulletin board in the hallway near Sanders Hall. Food prepared in advance and labeled "RITI" may be brought to the Saint David's kitchen before 5:00 pm on March 14 so that volunteers may deliver it. It's fun; it's meaningful; it's service!

<u>Kiva.org</u>—Saint David's is in the top 99% of loans made! By Judy Grace

Saint David's is humbly proud to announce that it is in the 99th percentile of microlending to individuals and groups in 87 countries around the world through <u>Kiva.org</u> With \$400 in seed money in 2007, along with periodic donations, we have loaned almost \$16,000 to 642 individuals and groups, with a default rate of only 1.97%. Here's how it works: <u>Kiva.org</u> has a website with hundreds of groups and individuals needing loans. These people usually are unable to borrow from banks; instead, different field partners represent Kiva in the various countries where they screen applicants. Those who qualify for loans receive money from the field partners, who then post these loans on Kiva. Groups such as Saint David's loan money for that person in increments of \$25.00 and other followers do the same. The loan is paid back in increments. As soon as there is \$25 in Saint David's account (from the various loans we have made), another loan is made. Since we've been "at it" for 13 years, we are able to finance 6-8 loans per month. The repayment schedule varies among the borrowers; some repay within a year and others take longer. The following are updates from two of our borrowers:

Thieng, Cambodia

Thieng thanks you for the loan. This loan did help her business; she can purchase more fish and repair her carriage to deliver her fish to sell and also to expand her business. Due to her business demand, she decided to pay off early and take a new loan. She hopes she can engage with you later.

Maj, Congo (DRC)

Maj is very happy because with the credit she was able to increase her profits. She greatly improved the health and quality of life of her family, and she also paid school fees for her children. Without this help, she would never have been able to carry out these urgent projects.

To see updates from the other 635 loans, see what countries are represented through Saint David's loans (try to find them all on a map!), and view other Kiva projects, go to <u>Kiva.org</u>. The password is mission. To donate to Kiva (any amount), checks to Saint David's should be earmarked for Kiva.

The Saint David's Godly Play children are supporting the Second Harvest Food Bank *Spread the Love* campaign by collecting peanut butter and other nut butters. Collection bins will be in the Children's Chapel and the Narthex for donations through the month of March.

THE MIGHTY MEN OF SAINT DAVID'S

It may look like they are just having fun, but these mighty men worked hard to clean up the "boiler room" recently. The bed of at least one full sized pickup truck was piled high with trash bags heading for disposal. Thanks to Johnny Erwin, Howard Fox, John Hamilton and Allen Hovious who did a job no one wants to do!





A LETTER FROM THE RECTOR...

Dear Good People of Saint David's,

I realize that upon writing this March letter, Lent has been underway for roughly six days. By now, I hope, you have considered taking on a Lenten discipline--some kind of action or intention that lasts throughout the season of Lent (40 days) that inspires you to think about your life differently. I knew a guy once who would periodically change things up in his life to get new perspectives. One winter he rode his bike to work everyday. Another time he decided to use only his left hand for cooking (he was right handed) for a week. You get the picture. He told me he did these things so that he never grew complacent or found himself assuming a normality because he feared missing out on some new revelation or reflection that would help him live more.

Lent is like that. Here's a poem that might help drive this home if it hasn't by now:

Dawn Aubade by Laura Foley

If I hadn't hopped aboard the ferry on a rough sea day stayed outside in the wind and spray letting the salt sea bless me with its holy water

If I hadn't absorbed the surf's tumbling up and down bending my knees in a trance-like dance

hadn't waited for the moon to rise dripping orange globe lifting spirits in the east

nor felt the waves keeping my bones awake through all my dreaming

If I hadn't risen at dawn to see the bay's beckoning stillness flaming sun rising from it

If I hadn't plunged into bracing waters without thought clothes piled on sand like a cast-off shell

could I say I had lived, at all?

A riff on Mary Oliver's "<u>When Death Comes</u>," Foley's "Dawn Aubade" speaks from her own experience about wanting to live as fully as she can. Diving headlong into cold, salty waters gets her there, but it might not you. And yet, if you think, in response to Foley, "Man! I have no interest in being that uncomfortable!" then perhaps Lent is calling to you especially.

Lent is not about self flagellation (though that has been done in some Christian quarters). It is about taking on a new perspective. It is about intentionally making oneself a little uncomfortable so that we can be roused from comfortable dreams, indifference bred from complacency. There are urgent words in the Gospels: The Son of Man will come like a thief in the night... No one knows the day or hour... The kingdom of heaven is as hand..." Lent makes living well, living fully, living lovingly an urgent matter, if you accept its invitation to live a little differently, even in just one aspect of your life.

So, give up wine or chocolate. Read a book by a mystic. Write a note to someone every day. Adopt a prayer discipline, such as Morning Prayer or praying with the news. Make an effort to speak kindness and do mercy with a stranger every day. Commit to a 40-day journal or Lenten study, such as <u>40 Day Journey with Howard Thurman</u>. Write down ways you failed to be your best self each day, but also write down ways you lived well or gave love into the world. Keep a journal of your spiritual reflections.

Lent is *your* season, *your* opportunity to open yourself to subtle and grand movements of the Holy Spirit. Tilt the crystal to let the Light refract differently. Change things up in your life to grow more into your best self, the Self God dreams for you to inhabit.

In peace,

Carolyn+